

**Ruby Tuesday**  
[www.rubytuesday.com](http://www.rubytuesday.com)

**Blue Cheese** - 1 ounce

Calories - 177

Fat - 19

Saturated Fat - NR

Trans Fat - NR

Cholesterol - NR

Sodium - NR

Carbohydrates - 1

Fiber - 0

Sugars - NR

Protein - NR

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**Caesar** - 1 ounce

Calories - 97

Fat - 10

Saturated Fat - NR

Trans Fat - NR

Cholesterol - NR

Sodium - NR

Carbohydrates - 2

Fiber - 0

Sugars - NR

Protein - NR

**Ranch** - 1 ounce

Calories - 101

Fat - 11

Saturated Fat - NR

Trans Fat - NR

Cholesterol - NR

Sodium - NR

Carbohydrates - 1

Fiber - 0

Sugars - NR

Protein - NR

**Light Ranch** - 1 ounce

Calories - 55

Fat - 5

Saturated Fat - NR

Trans Fat - NR

Cholesterol - NR

Sodium - NR  
Carbohydrates - 1  
Fiber - 0  
Sugars - NR  
Protein - NR

**Smoky Honey Dijon** - 1 ounce

Calories - 100  
Fat - 8  
Saturated Fat - NR  
Trans Fat - NR  
Cholesterol - NR  
Sodium - NR  
Carbohydrates - 7  
Fiber - 0  
Sugars - NR  
Protein - NR

**Fresh Avocado Ranch** - 1 ounce

Calories - 59  
Fat - 5  
Saturated Fat - NR  
Trans Fat - NR  
Cholesterol - NR  
Sodium - NR  
Carbohydrates - 3  
Fiber - 0  
Sugars - NR  
Protein - NR

**Honey Mustard** - 1 ounce

Calories - 92  
Fat - 8  
Saturated Fat - NR  
Trans Fat - NR  
Cholesterol - NR  
Sodium - NR  
Carbohydrates - 5  
Fiber - 0  
Sugars - NR  
Protein - NR