

**McDonalds**  
**www.mcdonalds.com**

**Newman's Own® Creamy Southwest Dressing - 1.5 fl oz (44 ml)**

Calories - 100  
Fat - 6  
Saturated Fat - 1  
Trans Fat - 0  
Cholesterol - 20  
Sodium - 340  
Carbohydrates - 11  
Fiber - 0  
Sugars - 3  
Protein - 1

**Newman's Own® Creamy Caesar Dressing - 2 fl oz (59 ml)**

Calories - 190  
Fat - 18  
Saturated Fat - 3.5  
Trans Fat - 0  
Cholesterol - 20  
Sodium - 500  
Carbohydrates - 4  
Fiber - 0  
Sugars - 2  
Protein - 2

**Newman's Own® Low Fat Balsamic Vinaigrette - 1.5 fl oz (44 ml)**

Calories - 40  
Fat - 3  
Saturated Fat - 0  
Trans Fat - 0  
Cholesterol - 0  
Sodium - 730  
Carbohydrates - 4  
Fiber - 0  
Sugars - 3  
Protein - 0

**Newman's Own® Low Fat Family Recipe Italian Dressing - 1.5 fl oz (44 ml)**

Calories - 60  
Fat - 2.5  
Saturated Fat - 0  
Trans Fat - 0  
Cholesterol - 0  
Sodium - 730  
Carbohydrates - 8

Fiber - 0  
Sugars - 1  
Protein - 1

**Newman's Own® Low Fat Sesame Ginger Dressing - 1.5 fl oz (44 ml)**

Calories - 90  
Fat - 2.5  
Saturated Fat - 0  
Trans Fat - 0  
Cholesterol - 0  
Sodium - 740  
Carbohydrates - 15  
Fiber - 0  
Sugars - 10  
Protein - 1

**Newman's Own® Ranch Dressing - 2 fl oz (59 ml)**

Calories - 170  
Fat - 15  
Saturated Fat - 2.5  
Trans Fat - 0  
Cholesterol - 20  
Sodium - 530  
Carbohydrates - 9  
Fiber - 0  
Sugars - 4  
Protein - 1