

Calories / Fat gm / Net Carb gm / Fiber gm

Appetizers

Per serving (with four servings per item).

Spinach Artichoke Dip.....	312 / 19 / 26 / 3
Asian Dumplings.....	122 / 5 / 13 / 2
Fresh Avocado Quesadilla.....	186 / 15 / 12 / 2
Southwestern Spring Rolls.....	176 / 10 / 14 / 1
Queso Dip & Chips.....	334 / 21 / 26 / 2
Cheddar Fries.....	294 / 16 / 24 / 2
Thai Phoon Tenders.....	265 / 18 / 12 / 1
Jumbo Lump Crab Cake.....	78 / 4 / 4 / 2
Thai Phoon Shrimp.....	194 / 13 / 11 / 1
Fresh Guacamole Dip.....	290 / 18 / 24 / 7
Fire Wings.....	54 / 5 / 1 / 0
Fried Mozzarella.....	183 / 11 / 11 / 2
Chicken Quesadilla.....	141 / 7 / 11 / 1
Classic Sampler.....	382 / 21 / 27 / 3
Grand Sampler.....	411 / 25 / 20 / 2

Fresh Combinations

Gourmet Chicken Pot Pie (lunch portion)	125 / 90 / 40 / 3
Chicken & Broccoli Quiche.....	872 / 67 / 34 / 1
Ruby Minis (2).....	636 / 42 / 36 / 1
Turkey Minis (2).....	486 / 29 / 32 / 1

Salads & Soups

Signature House Salad.....	438 / 34 / 24 / 4
Carolina Chicken Salad.....	986 / 69 / 35 / 6
Club House Salad.....	733 / 47 / 9 / 7
White Bean Chicken Chili.....	216 / 7 / 24 / 9
Broccoli & Cheese Soup.....	446 / 37 / 22 / 1

Kids' Meals

Pasta with Marinara.....	314 / 4 / 53 / 7
Pasta with Butter.....	448 / 24 / 43 / 5
Chicken Tenders & Fries.....	714 / 31 / 74 / 7
Chicken Breast & Broccoli.....	276 / 12 / 5 / 3
Chop Steak & Mashed Potatoes.....	497 / 35 / 29 / 4
Macaroni & Cheese.....	714 / 37 / 65 / 0
Mini Cheeseburgers & Fries.....	907 / 49 / 82 / 5
Turkey Minis & Fries.....	893 / 47 / 82 / 6

Nutrition information does not include any side items, dipping sauces, bread, or crackers served on the side.

Handcrafted Burgers

Bacon Cheeseburger*.....	1193 / 85 / 48 / 4
Classic Cheeseburger*.....	1103 / 78 / 48 / 4
Ruby's Classic Burger*.....	1013 / 71 / 48 / 4
Smokehouse Burger*.....	1382 / 96 / 71 / 6
Alpine Swiss Burger*.....	1257 / 91 / 55 / 6
Ruby Minis (4).....	1271 / 84 / 72 / 2
Turkey Minis (4).....	973 / 58 / 64 / 3
Mini Trio.....	836 / 50 / 55 / 3
Turkey Burger.....	813 / 45 / 49 / 4
Avocado Turkey Burger.....	1026 / 62 / 49 / 7
Bella Turkey Burger.....	1057 / 65 / 56 / 6
Bison Bacon Cheeseburger.....	1072 / 71 / 48 / 5
Veggie Burger.....	945 / 51 / 60 / 15
Chicken BLT.....	972 / 62 / 59 / 5
Buffalo Chicken Burger.....	1033 / 70 / 62 / 5

Premium Burgers

Triple Prime Burger*.....	933 / 60 / 51 / 3
Triple Prime Cheddar Burger*.....	1093 / 74 / 51 / 3
Triple Prime Bacon Cheddar Burger*..	1183 / 81 / 51 / 3
Jumbo Lump Crab Burger.....	1068 / 66 / 68 / 8
The Ultimate Chicken.....	1068 / 60 / 46 / 4
Blackened Fish Burger.....	839 / 48 / 47 / 3

Ribs & Rib Combos

Premium Baby Back Ribs

Classic BBQ - Half Rack.....	493 / 32 / 14 / 0
Classic BBQ - Full Rack.....	986 / 65 / 29 / 0
Memphis Dry Rub - Half Rack.....	535 / 40 / 3 / 0
Memphis Dry Rub - Full Rack.....	1076 / 80 / 7 / 0
Asian Glazed - Half Rack.....	546 / 25 / 19 / 1
Asian Glazed - Full Rack.....	1091 / 50 / 38 / 1
Triple Play.....	1177 / 65 / 63 / 3
Ribs & Chicken Tenders.....	966 / 57 / 44 / 2
Ribs & Steak*.....	802 / 50 / 16 / 0
Ribs & Louisiana Fried Shrimp.....	916 / 49 / 53 / 2

** These menu items are cooked to order. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have a medical conditions.*

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Specialties

New Orleans Seafood	452 / 31 / 2 / 0
Herb Crusted Tilapia	406 / 25 / 1 / 0
Chicken Piccata	409 / 29 / 13 / 1
Chicken Bella	573 / 36 / 10 / 2
Louisiana Fried Shrimp	423 / 17 / 38 / 2
Petite Sirloin*	309 / 18 / 2 / 0
Creole Catch	312 / 16 / 0 / 0
Bistro Barbecue Chicken	708 / 46 / 33 / 2
Chicken Tenders	709 / 37 / 44 / 2
Steak* & Parmesan Fries	309 / 18 / 2 / 0
Shrimp & Chicken Tenders	684 / 33 / 48 / 3
Chicken Fresco	465 / 23 / 6 / 1
Parmesan Shrimp Pasta	930 / 62 / 85 / 8
Shrimp Diablo	623 / 10 / 89 / 11
Parmesan Chicken Pasta	1302 / 93 / 105 / 10
Chicken & Broccoli Pasta	1013 / 67 / 87 / 10
Italian Shrimp Pasta	1246 / 86 / 113 / 10
Sonora Chicken Pasta	1036 / 36 / 97 / 11

Dressings, Sauces & Toppings

Nutrition information below is for 1 oz. serving.

Blue Cheese	177 / 19 / 1 / 0
Creamy Parmesan Dressing	97 / 10 / 2 / 0
Ranch	101 / 11 / 1 / 0
Light Ranch	55 / 5 / 1 / 0
Fresh Avocado Ranch	59 / 5 / 3 / 0
Balsamic Vinaigrette	35 / 2 / 4 / 0
Salsa	10 / 0 / 3 / 0
Barbecue Sauce	50 / 0 / 13 / 0
Marinara Sauce	17 / 1 / 2 / 0
Sour Cream	30 / 2 / 2 / 0
Chocolate Sauce	100 / 1 / 23 / 1
Peanut Sauce	66 / 3 / 8 / 0
Lemon Butter Sauce	93 / 9 / 1 / 0
Sweet & Spicy Chile Sauce	170 / 17 / 2 / 0
Asian Barbecue Sauce	59 / 3 / 7 / 0
Parmesan Cream Sauce	96 / 9 / 2 / 0

Nutrition information is for one serving and is based on lab analysis of food products prepared in our test kitchen or by our suppliers. Due to food preparation, amounts may vary.

Handcrafted Steaks*

Top Sirloin	359 / 19 / 2 / 0
Premium Aged Prime Sirloin	527 / 33 / 0 / 0
Rib Eye	708 / 48 / 5 / 1
Cowboy Rib Eye	936 / 58 / 27 / 3
Bayou Sirloin	382 / 21 / 5 / 0
Sirloin & Louisiana Fried Shrimp	731 / 35 / 40 / 2
Peppercorn Mushroom Sirloin	545 / 36 / 13 / 2
Sirloin* & Crab Cakes	579 / 34 / 12 / 3

Side Items

Sautéed Baby Portabella Mushrooms..	173 / 14 / 7 / 2
Premium Baby Green Beans	85 / 5 / 5 / 3
Fresh Steamed Broccoli	103 / 7 / 4 / 3
Fresh Tomato & Mozzarella Salad	112 / 7 / 6 / 1
Creamy Mashed Cauliflower	153 / 10 / 9 / 5
Mashed Potatoes	254 / 15 / 29 / 4
Brown-Rice Pilaf (with cheese & tomatoes)	221 / 6 / 33 / 2
Baked Potato (with butter & sour cream)	459 / 19 / 51 / 11
Baked Potato (with cheese, bacon, sour cream & butter)	614 / 32 / 52 / 11
Fries	359 / 13 / 52 / 5
Bread	135 / 6 / 17 / 0
Signature House Salad	438 / 34 / 24 / 4

Desserts

Chocolate Chip Cookie (1 cookie)	320 / 15 / 40 / 2
White Chocolate Macadamia Nut Cookie (1 cookie)	340 / 20 / 38 / 1
Double Chocolate Cake	955 / 48 / 112 / 6
Gourmet Cookie & Ice Cream	750 / 37 / 92 / 2
Blondie	677 / 31 / 91 / 2
Chocolate Tallcake	605 / 21 / 93 / 1
Strawberries & Ice Cream	914 / 50 / 95 / 3

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** Steaks are cooked to order.*